



| Service | Quantity |
|---|-----------------|
| Doctor Consultations (Nadi Pariksha) | 2 |
| Ayurveda/Naturopathy Therapies | 2 |
| Morning and Evening Yoga & Meditation Sessions | 2 |
| Shatkarma & Yogic Kriya | 1 |
| Sattvik Meals | 3 |
| Night Accommodation | 1 |